



The 12 Traditions of Our House

- 1. Our common welfare should come first; personal progress in recovery is dependent upon the unity we create in Our House.**
- 2. A loving God, as we understand Him, is the ultimate authority whose will for us is manifested through trusted servants.**
- 3. Key requirements for residency are the desire to stop participating in compulsive and addictive behaviors, to follow program guidelines and comply with Our House rules and regulations.**
- 4. Each resident shall be autonomous, except in matters affecting other residents or Our House as a whole.**
- 5. Our House has but one primary purpose – to provide an atmosphere of hope and recovery to the residents.**
- 6. A resident ought never to jeopardize his recovery with outside pursuits, lest such issues divert him from his primary purpose.**
- 7. Every resident ought to work to become fully self-supporting and responsible within society.**
- 8. Residents should maintain and promote equality but may be appointed as a special representative.**
- 9. Residents, as such, are never in authority but may take part in, or assigned to, a service position and are directly responsible to those they serve.**
- 10. Our House has no opinion on outside issues; hence, Our House never be drawn into public controversy.**
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain and protect resident anonymity at the level of press, radio and films.**
- 12. Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.**

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