

# ABOUT

Yashjeet (Yash) Sidhu, Program Counsellor

**Q1. How did you come to work for the Centre?**

A1. I came to work at the center after my student placement in 2019. I was a practicum student with Grant MacEwan when I was pursuing my Correctional Services diploma. After I graduated from Grant MacEwan, I pursued my degree in Criminal Justice Studies. I was asked to become a counsellor by the management team and have been here for less than a year!

**Q2. When you want to unwind, what's your preferred relaxation method?**

A2. My preferred type of relaxation is going to the spa for a massage or hanging out with friends and family.

**Q3. What's something that most people don't know about you?**

A3. I think that something that most people do not know about me is that I really enjoy doing arts and crafts in my free time.