

# ABOUT

Shivam (Shiv) Maharaj, Program Counsellor

**Q1. How did you come to work for the Centre?**

A1. After attending the Addictions and Community Worker program at CDI College, I was blessed to have the opportunity to attend my practicum at Our House. I always knew that I would like to work in a treatment center setting as I have battled my own demons in addiction. After my practicum, I was given a job opportunity as an Addiction Counselor and have enjoyed every day ever since. My qualification at the moment is Diploma in Addictions and Community work. I will be working towards getting certified by CACCF this year.

**Q2. When you want to unwind, what's your preferred relaxation method?**

A2. My favorite way to unwind is to play sports of any kind. Playing soccer, basketball, badminton or working out. Other ways I enjoy relaxing is to take a nap, read a book, or just watching some plain old Television (preferably sports).

**Q3. What's something that most people don't know about you?**

A3. I used to DJ part time for weddings and Bollywood events around the city! I still DJ once in a while but mainly just for fun at home.