

# ABOUT

Michael Lange, Senior Program Counsellor

**Q1. How did you come to work for the Centre?**

A1. I was in my last year of my psychology degree and took a job as a summer student. After my summer position ended, I stayed on and volunteered until I was offered a position as a counsellor a month and a half after.

**Q2. When you want to unwind, what's your preferred relaxation method?**

A2. My preferred method of relaxation is to read research papers with a giant cup of hot chocolate.

**Q3. What's something that most people don't know about you?**

A3. I speak four languages: Spanish (first language), English, Japanese, ASL.