

ABOUT

Elaine Armstrong, Night Relief Support Worker

Q1. How did you come to work for the Centre?

A1. Well, I knew a few of the counselors, staff and the Head Chef who happens to be my husband. I am a Grade 12 graduate and loads of experience working with many people in need such as fostering many children, caring, and working with physically challenged kids and adults. Night relief in home with seniors with Alzheimer's and schizophrenia. I have also done in home hospice care for a 90-year-old lady with terminal brain cancer right up to her passing. Working with people is my passion in life and I absolutely LOVE doing it.

Q2. When you want to unwind, what's your preferred relaxation method?

A2. To unwind my preferred relaxing method is to hang out with my husband our children and two grandchildren and of course extended family and friends. I also love to be doing many types of crafts to unwind and of course shopping and hanging out with people as much as I can.

Q3. What's something that most people don't know about you?

A3. Most people do not know that I was adopted at the age of 7 and Elaine is not the birth name I had. It was changed at that time from being, (Darlinanne) to Elaine. I was given the choice to pick the names from Elaine or Heidi so, Elaine is what I picked.