

November 14, 2012

To whom it may concern,

When asked to write this letter, I felt honored, and at the same time proud that I might be able to give something back to "Our House" for saving my life. I came to "Our House" in January 2009. I arrived completely broken, physically, emotionally, and spiritually. As a child I was sexually, physically, and emotionally abused. My parents abandoned me in my teen years. I hated loving so much that I wanted to commit suicide. I spent 35 years in active addiction. I had been to other treatment centers and failed (relapsed) shortly after leaving. The modules at "Our House" were exactly what I needed. They taught me what I needed to be a productive member of society. It wasn't easy. I found change awkward and very uncomfortable at times. Right from the beginning I felt hope. Having to have a sponsor and a home group within a month of my arrival was a very positive step. Having to work a 12 step program was key. I managed to work a full set of steps before my graduation. The year I spent at "Our House" allowed me enough time to reprogram my way of thinking. I cried buckets of tears while at "Our House". Healing tears. I learned to trust God and to forgive others and myself. When praying at night I always thanks for my time at "Our House". "Our House" is where my new life started. I will always have fond memories of the staff and the love and patience they showed me. Lots of tough love but that's what I needed. I'm almost 4 years clean and sober now. I continue working my program and going to lots of meetings. I've made some amends, personally and financially, and will continue doing so. One of my biggest supporters is my ex-wife. My children are very proud of me. I don't miss days at work and pay all my bills on time. I travel and love going fishing in Ontario. I have my drivers license back after 15 years and have an insured truck. I now live with peace, serenity, hope, joy. It all started at "Our House".